



Take Charge of
Your INR Testing Today!



For more information about
mdINR's PT/INR Home Monitoring Service,
ask your physician or visit our website
at mdinr.com.



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PT/INR Self-Testing: Is It Right for You?




Quality of Care. Quality of Life.

Safe. Convenient. Reimbursable.

As a patient on Coumadin® (Warfarin), you know the importance of regular PT/INR testing to ensure your PT/INR values are within therapeutic range. But here's something you may *not* know: Many patients receiving anticoagulation therapy test themselves in the comfort of their own home – even at work or on vacation!

Self-testing is safe and convenient for you, and it gives your physician more frequent test results to help guide the course of your treatment.

mdINR PT/INR At Home Monitoring Service

mdINR offers this complete and easy self-testing service, as ordered by your physician.

mdINR supplies everything you need including:

- A small, convenient testing device
- All necessary testing supplies
- Face-to-face training designed to help you successfully test your PT/INR value

mdINR will coordinate with Medicare or your private insurer to determine your eligibility for reimbursement so you don't have to worry about it.



Getting Started

Once you and your physician decide that PT/INR self-testing is right for you, mdINR takes care of the rest in four easy steps:

Step 1 Insurance Verification

Once your physician orders home testing, your insurance company(s) will be contacted to determine the extent of your coverage and your responsibility for any deductibles and/or co-payments.

Step 2 Training You on the PT/INR Testing Device

Next, face-to-face training will be provided on the convenient, palm-sized testing device.

Step 3 Sending You Supplies

The required test strips will be mailed to you, and any defective devices will be replaced.

Step 4 Support

mdINR is available to answer your questions and provide ongoing technical support.

How It Works

After each at-home test you will send the results to mdINR using your choice of phone, email or Internet portal. mdINR will send those results to your physician immediately for timely review. Then your physician will discuss any changes in treatment directly with you.



Take Charge of Your INR Testing Today!

Home monitoring with mdINR means:

- **Control** – better management of your time and care
- **Savings** – time and money
- **More frequent testing** – which means a greater chance of staying “therapeutic”
- **More data** – your physician has more information to guide your treatment

It all adds up to greater quality of care
and greater quality of life!



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